

**COULD THERE BE**

# LEAD

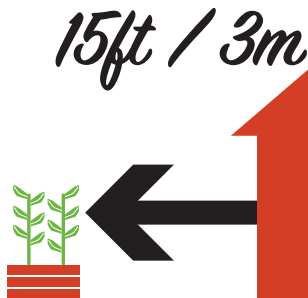
**IN YOUR GARDEN?**

## **GROW YOUR OWN FOOD-SAFELY!**

**FOLLOW THESE TIPS TO KEEP LEAD OUT OF YOUR GARDEN, YOUR HOME, AND YOUR BODY:**

### **Distance**

Plant your garden at least 15ft (3m) from the exterior of your home and other buildings with painted surfaces.



### **Raised beds**

Use raised garden beds with clean, non-contaminated soil. Raised beds can be very simple, or more elaborate structures made of wood. If you use wood, make sure it's not painted!



### **Wash produce**

Wash all of your produce thoroughly! Splashes from rain or just from watering your plants can get contaminated soil on the surface of produce.



### **Gloves**

Always use gloves if you suspect that your soil may contain lead or other contaminants. It will help prevent spreading the contaminated soil to other surfaces!



### **Remove shoes**

Your feet can track lead-contaminated soil into your home! Make sure to always remove your soil after spending time in your garden.



*Questions?*

**Contact Northeast Iowa RC&D:  
563 864 7112  
[nathan@northeastiowarcd.org](mailto:nathan@northeastiowarcd.org)**